

Monday

Tuesday

Wednesday

Thursday

Friday

2

BBQ Chicken Sandwich
Whole Grain Bun*
Corn
Pears

3

Spaghetti with Meatsauce*
Whole Grain Dinner Roll*
Mixed Vegetables
Fruit Cocktail

4

Salisbury Steak
Whole Grain Rich Bread*
Mashed Potatoes
Apple

5

Pizza Hut Cheese Pizza Slice
on Whole Grain Crust*
Salad
Banana

6

Turkey and Cheese Roll-up
Whole Grain Tortilla*
Baby Carrots
Cantaloupe

9

Chicken LoMein*
Whole Grain Rich Bread*
Peas
Peaches

10

Hamburger
Whole Grain Rich Bun*
Baked Beans
Apple Sauce

11

Chicken Taco
Whole Grain Tortilla*
Corn
Orange

12

Meatballs
Whole Grain Dinner Roll*
Mashed Potatoes
Pineapple

13

Corn Dog*
Green Beans
Banana

16

Taco Hot Dish
Whole Grain Tortilla*
Corn
Pears

17

Chicken Patty*
Whole Grain Bun*
Green Beans
Fruit Cocktail

18

Meatball Penne*
Whole Grain Dinner Roll*
Peas
Apple

19

Pizza Hut Cheese Pizza Slice
on Whole Grain Crust*
Salad
Banana

20

Ham and Cheese on a
Whole Grain Bun*
Cucumbers
Cantaloupe

23

Chicken Penne Alfredo*
Whole Grain Rich Bread*
Mixed Vegetables
Peaches

24

Hamburger Potato Hot Dish
Whole Grain Dinner Roll*
Peas
Apple Sauce

25

Beef Taco
Whole Grain Tortilla*
Corn
Orange

26

Ham & AuGratin Potatoes
Whole Grain Rich Bread*
Green Beans
Pineapple

27

Chicken Nuggets*
French Fries
Banana

30

Meatball Sub
Whole Grain Bun*
Green Beans
Pears

31

Mac and Cheese*
Whole Grain Dinner Roll*
Mixed Vegetables
Fruit Cocktail