

Monday



Tuesday

Wednesday

Thursday

Friday

1

Ham and AuGratins
Whole Grain Bread*
Mixed Vegetables
Applesauce

2

Chicken Taco
Whole Grain Tortilla*
Corn
Orange

3

Pizza
Salad
Banana

4

Turkey and Cheese
on a Whole Grain Bun*
Cucumbers
Pineapple

7

Mac and Cheese*
Peas
Peaches

8

Meatballs
Mashed Potatoes
Whole Grain Bread*
Fruit Cocktail

9

Chicken Patty
Whole Grain Bun*
Salad
Apple

10

Taco Hot Dish*
Corn
Cantaloupe

11

Goulash*
Mixed Vegetables
Banana

14

Meatball Penne*
Corn
Pears

15

Cheesy Chicken and Rice*
Diced Carrots
Applesauce

16

Hamburger
Whole Grain Bun*
Green Beans
Orange

17

Pizza
Salad
Banana

18

Sloppy Joes
Whole Grain Bun*
Mixed Vegetables
Pineapple

21

Spaghetti*
Peas
Peaches

22

Turkey
Mashed Potatoes
Whole Grain Bread*
Fruit Cocktail

23

Beef Taco
Whole Grain Tortilla*
Corn
Apple

24

BBQ Chicken
Whole Grain Bun*
Green Beans
Honeydew

25

Chicken Enchilada Hot Dish*
Salad
Banana

28

Chicken Penne Alfredo*
Mixed Vegetables
Pears

29

Meatball Sandwich
Whole Grain Bun*
Corn
Applesauce

30

Teriyaki Chicken and Rice*
Peas and Carrots
Orange

31

Pizza
Salad
Banana

