

Monday

Tuesday

Wednesday

Thursday

Friday

1

Chicken Enchilada Hot Dish*
Whole Grain Dinner Roll*
Corn
Apple Sauce

2

Hamburger
Whole Grain Bun*
French Fries
Orange

3

Turkey Gravy
Whole Grain Rich Bread*
Mashed Potatoes
Pineapple

4

Ham and Cheese Roll-up
Whole Grain Tortilla*
Cucumbers
Banana

7

Mac and Cheese*
Whole Grain Rich Bread*
Peas
Pears

8

Taco Hot Dish*
Whole Grain Tortilla*
Corn
Fruit Cocktail

9

Ham and AuGratin Potatoes
Whole Grain Dinner Roll*
Mixed Vegetables
Apple

10

Pizza Hut Cheese Pizza Slice
on Whole Grain Crust*
Salad
Banana

11

Turkey Stuffing Hot Dish
Whole Grain Rich Bread*
Green Beans
Cantaloupe

14

Chicken Penne Alfredo*
Whole Grain Rich Bread*
Mixed Vegetables
Peaches

15

Meatballs
Whole Grain Dinner Roll*
Mashed Potatoes
Apple Sauce

16

Corn Dog*
Baked Beans
Orange

17

Teriyaki Chicken and Rice*
Whole Grain Rich Bread*
Carrots
Pineapple

18

Whole Grain French Toast*
Sausage
Potatoes
Banana

21

Meatball Penne*
Whole Grain Rich Bread*
Corn
Pears

22

Salisbury Steak
Whole Grain Dinner Roll*
Mashed Potatoes
Fruit Cocktail

23

Cheesy Chicken and Rice*
Whole Grain Rich Bread*
Green Beans
Apple

24

Pizza Hut Cheese Pizza Slice
on Whole Grain Crust*
Salad
Banana

25

Chicken Patty*
Whole Grain Rich Bun*
Baby Carrots
Banana

28

Ring Bologna and
Scalloped Potatoes
Whole Grain Rich Bread*
Peas
Peaches

29

Pizza Hot Dish*
Whole Grain Dinner Roll*
Corn
Apple Sauce

30

Chicken Nuggets*
Green Beans
Orange

31

Sloppy Joe
Whole Grain Bun*
Baked Beans
Pineapple

