

Monday
Tuesday
Wednesday
Thursday
Friday

4

Salisbury Steak
Whole Grain Rich Bread*
Mashed Potatoes
Pears

5

Chicken Teriyaki Hot Dish*
Whole Grain Dinner Roll*
Peas and Carrots
Fruit Cocktail

6

All Beef Hot Dog
Whole Grain Bun*
Baked Beans
Apple

7

Pizza Hut Cheese Pizza Slice
on Whole Grain Crust*
Salad
Banana

1

Pancake on a Stick*
Potatoes
Banana

8

Ham and Cheese on a
Whole Grain Bun*
Baby Carrots
Cantaloupe

11

Chicken Enchilada Hot Dish*
Whole Grain Rich Bread*
Green Beans
Peaches

12

Hamburger
Whole Grain Bun*
Potato
Apple Sauce

13

Meatball Penne*
Whole Grain Dinner Roll*
Corn
Orange

14

BBQ Chicken Sandwich
Whole Grain Bun*
Peas
Pineapple

15

Turkey Roll-up
Whole Grain Tortilla*
Cucumbers
Banana

18

Chicken Penne Alfredo*
Whole Grain Rich Bread*
Green Beans
Pears

19

Hamburger Potato Hot Dish
Whole Grain Dinner Roll*
Carrots
Fruit Cocktail

20

Chicken Patty Sandwich
Whole Grain Bun*
Corn
Apple

21

Pizza Hut Cheese Pizza Slice
on Whole Grain Crust*
Salad
Banana

22

Ham and AuGratins
Whole Grain Bread*
Peas
Cantaloupe

25

Mac and Cheese*
Whole Grain Rich Bread*
Mixed Vegetables
Peaches

26

Meatballs
Whole Grain Dinner Roll*
Mashed Potatoes
Apple Sauce

27

Chicken Wild Rice Hot Dish*
Whole Grain Rich Bread*
Green Beans
Orange

28

Beef Taco
Whole Grain Tortilla*
Salad
Pineapple

29

Chicken Nuggets*
Peas and Carrots
Banana